## Long Island Center Welcomes NAFE Member

by Gail R. Griffen - Chair, NAFE Integration Committee

For over a year, the Long Island Center has been an independent affiliate network of NAFE (National Association for Female Executives), the largest women's professional association in the country with a membership base of 125,000 women. Last spring, the Center invited Long Island NAFE members to experience the benefits of joining the Center, and recently *The Network* spoke with Judy Rosenblum, PH.D., and Management Consultant – our very first NAFE member who joined the Center!

The Network: How long have you been a member of NAFE?

Judy: I've been a NAFE member for several years. I joined for networking purposes but all the meetings were in the city. I was searching for a women's organization more convenient geographically to my business here on Long Island — then I received an invitation from the Long Island Center to attend a dinner meeting.

What were your impressions of that first dinner meeting?

My first meeting was in June, and I honestly didn't expect such a quality turnout. I was impressed with the set-up — the opportunity to network first, browse the showcase tables, and then have a wonderful dinner and get to know even more people.

What is your business field or profession?

I'm a psychologist. At the beginning of my career, I saw private patients and worked with hospitals and agencies. For a while I worked for the New York City Police Department tending to their various psychological needs. I've always been interested in enhancing the skills people already have, and that's what led to my current practice — working with companies and business people for the past seven years and helping them to achieve higher productivity and personal satisfaction.

What made you decide to join the Center?

The number one reason was for networking purposes, which has already been beneficial. I've connected with people and had the opportunity to submit proposals for my services.

What will you do to maximize the benefits of Centermembership?

I'll definitely join several committees, attend the monthly meetings, and just keep in touch with the people I meet. Also, being a Center member has made me aware of other events — I wouldn't have attended the excellent Women's Symposium if it hadn't been recommended by the Center.

What message do you have for other NAFE members here on Long Island?

You definitely should join the Center. It offers many opportunities right here on Long Island, everyone you meet is helpful and friendly, and you will make business connections at the same time you are learning and having fun.

## Long Island Center Committees

Achievers' Awards: Co-Chairs Sue Fredericks, 516/997-7507 &

Debra Monahan, 516/255-3750

Community Outreach: Co-Chairs Gail-Mary Damelio, 516/466-6670 ext. 235 &

Donna Soriente, 631/777-7600 ext. 715.

Employment: Pam Carillo, Chair. 516/812-1447.

Golf: Co-Chairs Debra Timms, 631/582-1600 ext. 211 & Jill Meadow, 516/498-9007.

Health: Rosemary Schwartz, Chair. 516/222-6060 Ext. 274.

Membership: Co-Chairs Gail Polivy, 516/741-7979 Ext. 204 &

Lhea Scotto, 516/579-8441

Mentoring Moment: Sue Sussman, Chair. 516/627-3660.

NAFE Integration: Gail R. Griffen, Chair. 631/969-3669.

Network You!: Co-Chairs Diana Rivenburgh, 516/679-0419 &

Cara Amore, 516/785-3602.

Newsletter: Arlene Haims. Chair. 516/357-9500 Ext. 322.

Program: Donna Anselmo, Chair. 631/862-7371.

Public Relations: Mary Scott, Chair. 631/425-5155.

Sponsorship: Bernadette Faber, Chair. 212/628-8610.

Website: Yvonne Sydnor, Chair. 718/248-8888.

Do You Have a Networking Success Story?

If so, please share it with us.

Please e-mail your story to the Center at longislandcenter@aol.com